## COMPLETE EXAM CHECKLIST CH 3 Male Retention Physical Exam 39 and >

FORM	FORM #	COMMENTS
Medical History	DD 2807-1	Service member completes. Examiner reviews, comments on
		positive responses and signs.
Physical Exam	DD 2808	Medical examiner completes.
☐ HIV Postcard	DA 5668	Service member self addresses and completes top. Return with exam documentation to FHPO.
☐ Functional Capacity	SF 507	Service member completes. Examiner reviews, comments on areas of functional limitation.
Feds_Heal Survey		Service member completes, return with exam to FHPO if done.
SERVICE		COMMENTS
Height and weight		Without shoes to the nearest inch and pound (block 53&54)
☐ Vital Signs		Blood pressure, pulse, temperature. Repeat abnormal BP x3 (blocks 56-58).
Audiogram		Note equipment used and last calibration date. Test at 500, 1000, 2000, 3000, 4000, 6000 HZ in both ears and document (block 71a).
Vision		With and without correction, near and far. Report Snellen equivalents (20/20) Distant (block 61) near (block 63).
Dental Screening		Indicate "acceptable" or "unacceptable" (block 43). Acceptable is a dental condition unlikely to result in dental emergency in 1 year.
Physical Exam		All positive answers on history, functional capacity form, and any abnormal findings on exam require documentation. (Blocks 73, 77, 78).
HIV lab, blood draw		Follow HIV lab instructions for processing and mailing.
Urinalysis		Valor custom panel 6934
Stool for occult blood		Done with prostate exam. Note positive or negative in block 42.
Prostate Exam		Indicate findings (block 42)
Lipid profile & glucose		Valor custom panel 6934
EKG		12 lead with interpretation. Indicate normal/abnormal in
		block 73.
HCT Lab Draw		Valor custom panel 6934
PSA Blood Draw		Valor custom panel 6934
Tonometry		Glaucoma test (block 70)
SEND		MAILING INSTRUCTIONS
☐ Voucher (if provided)		Sign at "certifying official" return with exam to FHPO.
HIV lab work		Package and send to Viromed Lab in courier envelope.
Blood and urine		Package and send to Valor Lab in courier envelope.
Exam forms		Send originals of DD 2807-1, DD 2808, SF 507, DA 5668, all test documentation, and this checklist to FHPO within 48 hours.
Mail To:		FHPO, 1319 St Andrew Street, La Crosse WI 54603